

ABSTRACT OF THE DISCLOSURE

Sub A4

A surface of an interleaf sheet 14 for protecting a coating film of a planographic printing plate 10, which does not contact the coating film of the planographic printing plate 10, has a Bekk smoothness between 3 seconds to 55 seconds. A contacting portion of the interleaf sheet 14, which contacts the coating film, has a Bekk smoothness between 3 seconds to 900 seconds.